



PORPHYRIA PATIENT DAY

OCTOBER 29, 2023



IN-PERSON OR
LIVE STREAMING

Connect with your porphyria friends and get the most up-to-date information about the treatment and management of your porphyria at our special patient day as part of the International Porphyrias Symposium!

ATTEND IN-PERSON FOR SPECIAL EXTRAS!



Small group discussion with porphyria experts



Mindfulness exercises, therapy dogs and a candlelight circle



Journaling session with journal and prompts provided in advance



Special arrangements for your porphyria: rescue foods and shaded rooms



Discussions of trending topics: nutrition, mental health, life hacks & triggers

ADMISSION IS FREE! Includes refreshments & lunch. Please register in advance.



DON'T MISS OUT!



OCTOBER 29, 2023
9 AM - 3:15 PM



HYATT REGENCY
BETHESDA, MD
7400 Wisconsin Ave

REGISTER NOW

porphyria.org/symposium

PATIENT DAY SPOTLIGHT



DEADLINE
October 5, 2023

CONTACT
1-800-868-1292
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